

REGISTERED COMPANY NUMBER: SC199867 (Scotland)
REGISTERED CHARITY NUMBER: SC029386

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2019
for
Befrienders Highland Limited
(a company limited by guarantee)

Befrienders Highland Limited

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for the Year Ended 31 March 2019

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Introduction

Operationally, this has been another good year for BHL's services. All the existing services have been maintained at a high standard. There has been growth and development. As in the year before, face-to-face befriending was extended into one more new area and preparations were started for expansion into another. The range and size of BHL's group activities were reviewed and we have held back from further expansion of these as an outcome of this.

Anxiety about financial matters has been a continuing theme throughout the year as severe restrictions on public sector spending continue. The award from NHS Highland continues to be frozen at the 2008 cash figure minus 5%. The new major review of all its third sector funding announced by NHS Highland has continued to cause concern. BHL was less successful than in the previous year in attracting new grant awards and has had to draw on reserves to maintain services. This has reduced reserves to just below the minimum level agreed as desirable. The Board therefore continues to have concerns about the organisation's finances in the medium term.

The already-secured National Lottery Community funding gives reasonable security for most of BHL's services until late in 2020 but the outlook beyond that is unclear at present.

This report will discuss management arrangements for BHL's services, developments in the services linked to our National Lottery Community funding and in other parts of our services. It will also report on Board matters and on BHL's finances.

Management Arrangements

Because of continuing financial constraints, BHL has maintained the reduction in hours of the Executive Director's post to 21 hours a week. It became increasingly apparent through this year that this is placing limits on what can be achieved, particularly in the management of fundraising activity.

Keith Walker retired from this post halfway through the year. Keith had achieved a great deal during his time in post and the Board is very grateful to him for all that he did. After an open, external recruitment process he was replaced by Susan White who was already working as a volunteer co-ordinator for BHL. In addition, she had been a volunteer with the organisation for several years. She therefore had good knowledge and experience and made a smooth transition into the role. Her appointment has proved very successful and staff and the Board have welcomed the contribution she has made.

Service Development

Linked to the National Lottery Community Fund award:

The incorporation of recovery-focused target outcomes into BHL's friendships is now complete. Staff and volunteers are enthusiastic about the additional dimensions this has brought to our work. This is producing very good outcomes.

The other major part of the development being funded by this award was expansion of BHL's face-to-face model of befriending into new areas. The first matches of this kind had been established in Caithness last year. There has been steady expansion of these friendships in Caithness this year with our volunteer co-ordinator there working increased hours from the summer of 2018 on.

Work has been going on all through the year to develop face-to-face befriending in the Skye and Lochalsh area and this service is now fully operational. Research went on through the year to select the next area after this for expansion into. After considerable discussion and exploration, we decided against the first area that had seemed likely. By the end of the year we had chosen Easter Ross and East Sutherland as the next location for this development and had begun negotiations with likely partners.

In Other Parts of the Service:

Face-to-face befriending was extended within the memory loss service last year and this has continued very successfully, for growing numbers of people. Support, information and befriending for carers has expanded into new areas, extending beyond those caring for people affected by dementia or other forms of memory loss.

A joint project with Creativity in Care, called Creativity at Home, has been run for carers and people with memory loss and has proved very rewarding. This was funded by The Alliance for which we are very grateful.

Group activities within the mental health service were reviewed. Some of the groups were requiring considerable staff time to arrange and conduct and were being attended by very small numbers of people. So, some changes have been made to how these are organised.

Finances

The continuing constraints on public sector spending were referred to in the Introduction. NHS Highland's continued freeze of BHL's core funding has further reduced its value. Partly as a result of this and also of the 50% reduction in funding from Argyll and Bute in force since 2016, there is a growing gap between BHL's assured income and its operational costs. For the previous two years this gap has been more than covered by fundraising from new sources and healthy reserves were built up. Fundraising this year was less productive and operating costs exceeded income by £21,802. This reduced reserves to the equivalent of 5.8 months operating costs, fractionally below BHL's policy of maintaining reserves of 6 to 9 months costs.

In addition, NHS Highland announced a radical review of all its third sector funding in December 2017. This originally stated that no current awards were guaranteed beyond March 2019, which understandably caused us great concern. The timetable for this review was not achieved and present awards were allowed to continue until first June and, later, September 2019. We still await the outcome of this review and this is and has been a serious anxiety.

There have been continuing discussions with NHS Highland about funding of the memory loss service. Current funding is not covering all of these costs and limits have had to be placed on new referrals being taken on.

The BHL Board

Jane Macdonald, Nick Curley, Shane Spence, Scott Adie (Treasurer) and David Stallard (Convenor) served as BHL Directors throughout the year.

In a review of Board strengths and weaknesses the previous year, the underrepresentation of women on it was identified as a matter to be addressed. Helena Macleod was identified as a potential new director late in 2018 and has since joined the Board. This has done something to redress the balance. She brings an excellent network of contacts and very useful insights into approaches to fundraising to our work.

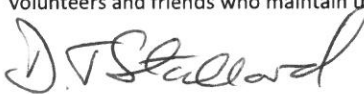
A survey took place to evaluate how BHL's staff regarded the Board and, as a result of this some changes were identified which will increase the amount and types of contact between Board members and the staff team.

Conclusion

BHL has performed well during this year, continuing to expand and develop its services. I am very grateful to NHS Highland, the National Lottery Community Fund and a range of other grant-making bodies for their generous support which enables BHL to provide the excellent services it does.

Concerns about this year's deficit and about the security of future funding are both sources of anxiety for the Board at present.

The value of the services BHL provides is well established. We on the Board are very grateful to the excellent group of staff, volunteers and friends who maintain them at such high quality.



David Stallard, Convenor, Befrienders Highland Limited
28 June, 2019

Report of the Trustees
for the Year Ended 31 March 2019

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal object of the company is: -

"to reduce loneliness and isolation experienced by people who have a mental health problem by arranging and supporting one-to-one relationships between them and suitable volunteers, to provide a vital link between them and the community and to promote their self-confidence and feelings of self-worth"

This object defines the main activity of BHL which is to recruit, train and support volunteers to engage in befriending relationships and to support these relationships, as required, once established. The company's main and longest-standing service offers face-to-face befriending services in Inverness and Nairn; and a distance service, where the means of contact is letter, phone or e-mail, throughout the Highland area. The company also offers a befriending service within the Highland area for people with memory loss and a befriending and information service to carers.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Details of the charity's achievements and performance can be found in the convenors report.

FINANCIAL REVIEW

Financial position

The continuing constraints on public sector spending were referred to in the Introduction. NHS Highland's continued freeze of BHL's core funding has further reduced its value. Partly as a result of this and also of the 50% reduction in funding from Argyll and Bute in force since 2016, there is a growing gap between BHL's assured income and its operational costs. For the previous two years this gap has been more than covered by fundraising from new sources and healthy reserves were built up. Fundraising this year was less productive and operating costs exceeded income by £21,802. This reduced reserves to the equivalent of 5.8 months operating costs, fractionally below BHL's policy of maintaining reserves of 6 to 9 months costs.

In addition, NHS Highland announced a radical review of all its third sector funding in December 2017. This originally stated that no current awards were guaranteed beyond March 2019, which understandably caused us great concern. The timetable for this review was not achieved and present awards were allowed to continue until first June and, later, September 2019. We still await the outcome of this review and this is and has been a serious anxiety.

There have been continuing discussions with NHS Highland about funding of the memory loss service. Current funding is not covering all of these costs and limits have had to be placed on new referrals being taken on.

Going concern

The financial statements have been prepared on a going concern basis. The validity of the going concern basis depends on the ability of the company to operate within available funding.

The company relies substantially upon funding by public grants and donations from other sources for its current and future commitments. The trustees are satisfied that the company can meet its liabilities as they fall due for the foreseeable future, and on this basis consider it appropriate to prepare the financial statements on a going concern basis.

Reserves policy

The charity is to maintain a reserve of at least the cost of 6 months operations and no more than 9 months. Any reserve held in excess of 9 months should be invested in developing our services. At the year end the charity held approximately 5.8 months reserves. The board are currently investigating ways in which to restore the reserves to the minimum 6-month level.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Trustees' appointment

Trustees are appointed by the Board of Trustees either to fill a vacancy or by way of addition to the Board. The trustees are volunteers and are recruited by nomination at the AGM. Between AGM's trustees can be nominated but require ratification at the AGM. The company's articles require that one third of the Trustees stand down at each AGM and that replacement(s) be elected at that meeting. Trustees standing down may be re-elected.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
SC199867 (Scotland)

Registered Charity number
SC029386

Registered office
Ledingham Chalmers
Kintail House
Beachwood Business Park
Inverness
IV2 3BW

Principal address
1st Floor Academy House
42 Academy Street
Inverness
IV1 1JT

Trustees
D J Stallard
N J Curley
Mrs J Macdonald
S Spence
S Adie
H Macleod (appointed 16 April 2019)

Company Secretary
LC Secretaries Limited

Independent examiner
Marina Grant CA
ICAS

Bankers
Royal Bank of Scotland
29 Harbour Road
Inverness
IV1 1NU

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Befrienders Highland Limited for the purposes of company law) are responsible for preparing the report of trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed subject to any material departures disclosed and explained in the financial statements, and;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustees Investment (Scotland) Act 2005, Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on12/9/19..... and signed on its behalf by:


.....
D J Stallard - Trustee

Independent Examiner's Report to the Trustees of
Befrienders Highland Limited

I report on the accounts for the year ended 31 March 2019 set out on pages six to twelve.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the 2006 Accounts Regulations (as amended) does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended), and;
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations (as amended).

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

m. Grant

Marina Grant CA
29 Braeside Park
Balloch
Inverness
IV2 7HL

Date: *8/10/19*

Statement of Financial Activities (Incorporating Income and Expenditure Account)
for the Year Ended 31 March 2019

		Unrestricted fund	Restricted funds	31.3.19 Total funds	31.3.18 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies					
Donations		8,669	-	8,669	18,346
Charitable activities					
Befriending activities	3	61,981	99,532	161,513	157,950
Investment income	4	<u>948</u>	<u>-</u>	<u>948</u>	<u>44</u>
Total		71,598	99,532	171,130	176,340
EXPENDITURE ON					
Charitable activities					
Befriending activities		<u>72,986</u>	<u>119,946</u>	<u>192,932</u>	<u>193,881</u>
NET (EXPENDITURE)/ INCOME		(1,388)	(20,414)	(21,802)	(17,541)
RECONCILIATION OF FUNDS					
Total funds brought forward		51,487	63,437	114,924	132,465
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD		<u>50,099</u>	<u>43,023</u>	<u>93,122</u>	<u>114,924</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The Statement of Financial Activities includes all gains and losses in the year.

Befrienders Highland Limited

Balance Sheet
At 31 March 2019

	Notes	Unrestricted fund £	Restricted funds £	31.3.19 Total funds £	31.3.18 Total funds £
FIXED ASSETS					
Tangible assets	10	5,004	1,127	6,131	5,781
CURRENT ASSETS					
Debtors	11	1,030	1,422	2,452	5,142
Cash at bank		48,510	92,165	140,675	134,959
CREDITORS					
Amounts falling due within one year	12	(4,445)	(51,691)	(56,136)	(30,958)
NET CURRENT ASSETS		<u>45,095</u>	<u>41,896</u>	<u>86,991</u>	<u>109,143</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>50,099</u>	<u>43,023</u>	<u>93,122</u>	<u>114,924</u>
NET ASSETS		<u>50,099</u>	<u>43,023</u>	<u>93,122</u>	<u>114,924</u>
FUNDS					
Unrestricted funds	13			50,099	51,487
Restricted funds				<u>43,023</u>	<u>63,437</u>
TOTAL FUNDS				<u>93,122</u>	<u>114,924</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies for the year ended 31 March 2019.


The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 12/9/19 and were signed on its behalf by:



D J Stallard -Trustee

The notes form part of these financial statements

1. GENERAL INFORMATION

These financial statements are presented in pounds sterling (GBP) as that is the currency in which the charitable company's transactions are denominated. They comprise the financial statements of the charitable company.

The principal activity of Befrienders Highland Limited can be found in the Report of the Trustees.

Befrienders Highland Limited is a company limited by guarantee incorporated in the United Kingdom and registered in Scotland, under company number SC199867. It is recognised as a charitable company for tax purposes by HMRC and is registered with the Office of the Scottish Charity Regulator (OSCR) under charity number SC029386. In the event of the winding up of the charitable company a member is liable to contribute a sum not exceeding £1. Details of the registered office can be found in the Report of the Trustees.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The financial statements have been prepared on a going concern basis. The validity of the going concern basis depends on the ability of the company to operate within available funding.

The company relies substantially upon funding by public grants and donations from other sources for its current and future commitments. The trustees are satisfied that the company can meet its liabilities as they fall due for the foreseeable future, and on this basis consider it appropriate to prepare the financial statements on a going concern basis.

Income from donations and legacies

Donations and gifts received are included in full in the Statement of Financial Activities when receivable. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

Income from charitable activities

Income from charitable activities relates to grants received which fund the provision of particular services provided by the charity. Grants related to the provision of a service are deferred and released to the Statement of Financial Activities over the term of the grant.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable expenditure comprises costs incurred by the charity in the delivery of its activities and services to beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is exempt from corporation tax on its charitable activities. The charity is not VAT registered and accordingly expenditure is stated gross of VAT.

Reserves

The charity is to maintain a reserve of at least the cost of 6 months operations and no more than 9 months. Any reserve held in excess of 9 months should be invested in developing our services.

2. ACCOUNTING POLICIES – continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The memory loss and carers fund represents the funding received to provide befriending services to people with memory loss, those at risk of memory loss and carers.

The National Lottery Community Fund – Refocus Project represents the funding received to introduce and implement the refocus project.

Creativity In Care fund represents funding received for a project called Creativity at Home. This project is designed to help carers and people with memory loss.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Debtors

Short term debtors are measured at transaction price, less any impairment.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of 3 months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provision are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the period of the lease.

Pensions

The charity contributes to a group personal pension scheme open to all qualifying employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

Judgements in applying accounting policies and key sources of estimation uncertainty

The preparation of financial statements in compliance with FRS102 requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company's accounting policies.

The trustees are satisfied that accounting policies are appropriate and applied consistently. Key sources of accounting estimation have been applied to the depreciation rates which are deemed to be appropriate for the class of asset.

3. CHARITABLE ACTIVITIES INCOME

	Unrestricted fund	Restricted funds	31.3.19 Total funds	31.3.18 Total funds
	£	£	£	£
Grants received	<u>61,981</u>	<u>99,532</u>	<u>161,513</u>	<u>157,950</u>

During the year, the charity recognised grants in the Statement of Financial Activities of £87,499 (2018 - £87,571) from the NHS and £65,204 (2018 - £62,509) from the National Lottery Community Fund.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

4. INVESTMENT INCOME

	31.3.19	31.3.18
	£	£
Rent received	720	-
Deposit account interest	<u>228</u>	<u>44</u>
	<u>948</u>	<u>44</u>

5. NET (EXPENDITURE)/ INCOME

Net (expenditure)/ income is stated after charging:

	31.3.19	31.3.18
	£	£
Depreciation	2,246	1,402
Other operating leases	<u>15,850</u>	<u>15,658</u>

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.19	31.3.18
Administration and co-ordinators	<u>8</u>	<u>7</u>

The charity relies on unpaid volunteers to build friendships with the people who the charity supports. During the year the average number of unpaid volunteers used by the charity was 111 (2018 - 101). No employees received emoluments in excess of £60,000 in the current or prior year.

7. TRUSTEES' REMUNERATION, BENEFITS AND EXPENSES

There were no trustees' remuneration, benefits or expenses for the year ended 31 March 2019 nor for the year ended 31 March 2018.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	18,346	-	18,346
Charitable activities			
Befriending activities	64,351	93,599	157,950
Investment income	<u>44</u>	<u>-</u>	<u>44</u>
Total	82,741	93,599	176,340
EXPENDITURE ON			
Charitable activities			
Befriending activities	<u>101,617</u>	<u>92,264</u>	<u>193,881</u>
Total	101,617	92,264	193,881
	<u> </u>	<u> </u>	<u> </u>
NET INCOME/(EXPENDITURE)	(18,876)	1,335	(17,541)
RECONCILIATION OF FUNDS			
Total funds brought forward	70,363	62,102	132,465
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>51,487</u>	<u>63,437</u>	<u>114,924</u>

9. CORE AND ADMINISTRATIVE COSTS

Core and administrative costs which cannot be attributed to a specific fund or activity are split between the general mental health fund, the memory loss and carers fund and the National Lottery Community Fund on a ratio of 50:25:25.

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2018	5,797	1,608	7,405
Additions	1,053	1,543	2,596
Disposals	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2019	6,850	3,151	10,001
DEPRECIATION			
At 1 April 2018	1,196	428	1,624
Charge for year	1,352	894	2,246
Eliminated on disposal	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2019	<u>2,548</u>	<u>1,322</u>	<u>3,870</u>
NET BOOK VALUE			
At 31 March 2019	<u>4,302</u>	<u>1,829</u>	<u>6,131</u>
At 31 March 2018	<u>4,601</u>	<u>1,180</u>	<u>5,781</u>

11. DEBTORS

	31.3.19	31.3.18
	£	£
Prepayments	2,452	2,642
Accrued income	<u>-</u>	<u>2,500</u>
	<u>2,452</u>	<u>5,142</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19	31.3.18
	£	£
Social security and other taxes	2,890	2,676
Other creditors	835	-
Deferred income	<u>52,411</u>	<u>28,282</u>
	<u>56,136</u>	<u>30,958</u>

The charity defers grant income and recognises it equally over the term of the grant. At the year-end total deferred grants were £51,691 (2018 - £28,282).

13. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund - Mental Health	51,487	(1,388)	50,099
Restricted funds			
Memory Loss and Carers Fund	40,260	(4,617)	35,643
National Lottery Community Fund – Refocus Project	23,177	(15,168)	8,009
Creativity In Care	-	(629)	(629)
	<u>63,437</u>	<u>(20,414)</u>	<u>43,023</u>
TOTAL FUNDS	<u>114,924</u>	<u>(21,802)</u>	<u>93,122</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund - Mental Health	71,598	(72,986)	(1,388)
Restricted funds			
Memory Loss and Carers Fund	32,518	(37,135)	(4,617)
National Lottery Community Fund – Refocus Project	65,204	(80,372)	(15,168)
Creativity In Care	<u>1,810</u>	<u>(2,439)</u>	<u>(629)</u>
	<u>99,532</u>	<u>(119,946)</u>	<u>(20,414)</u>
TOTAL FUNDS	<u>171,130</u>	<u>(192,932)</u>	<u>(21,802)</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets £	Net Current Assets £	Total £
Unrestricted funds	5,004	45,095	50,099
Restrictive funds	<u>1,127</u>	<u>41,896</u>	<u>43,023</u>
	<u>6,131</u>	<u>86,991</u>	<u>93,122</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

Befrienders Highland Limited

Detailed Statement of Financial Activities
for the Year Ended 31 March 2019

	31.3.19	31.3.18
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,669	18,346
Investment income		
Deposit account interest	228	44
Rent received	720	-
Charitable activities		
Grants	<u>161,513</u>	<u>157,950</u>
Total incoming resources	171,130	176,340
EXPENDITURE		
Charitable activities		
Wages	147,092	140,818
Rent	19,569	16,301
Services charges and utilities	-	448
Computer expenses	1,434	3,293
Insurance	1,145	891
Telephone and internet	3,419	3,144
Postage and stationery	5,096	5,413
Publicity	419	2,890
Volunteer expenses	3,124	3,500
Staff training	1,245	1,787
Staff general expenses	4,696	4,883
Maintenance	543	528
Other company costs	2,041	3,927
Bank charges	113	93
Legal expenses	750	4,563
Depreciation of fixtures and fittings	1,352	974
Depreciation of computer equipment	<u>894</u>	<u>428</u>
Total resources expended	192,932	193,881
	<hr/>	<hr/>
Net (expenditure)\ income	<u>(21,802)</u>	<u>(17,541)</u>

