



UNIVERSITY of
STIRLING



VOLUNTEER CO-RESEARCHERS WANTED

Are you aged 50 years or over?

Are you interested in helping us to understand how COVID-19 has impacted on our everyday lives?

Would you like to be part of something which will help to shape how we readjust our lives following COVID-19?

If you answered yes to the questions above, we need your help to explore how living through the COVID-19 pandemic has impacted on people aged 50 years and over. A team of researchers at the University of Stirling, led by Dr Elaine Douglas, have been funded by 'UK Research and Innovation' to explore how concerns about the COVID-19 pandemic can impact the way older people make decisions on a day-to-day basis. We are looking for 12 people aged 50 years and over to work with us as volunteer co-researchers on our project.

What does being a Volunteer Co-Researcher mean?

Co-researchers provide an insider view to our research and you would work with the research team to:

- review our research tools and ensure we are asking the right questions in the right way
- develop a new research tool to measure older people's fears and concerns about COVID-19
- review the project findings to better understand people's concerns about COVID-19.

What will you gain from the experience?

We hope that becoming a co-researcher on this project will be a fun and interesting experience for everyone involved. Taking part will also give you the opportunity to gain insight and experience in real-world research, while giving you the chance to develop a wide network of contacts with different backgrounds and contributions.

To be a co-researcher, you must be at least 50 years old and resident in Scotland – no previous experience is required. The study will run until June 2022 and we will meet at least monthly. Meetings will be held by telephone or online to start with but when restrictions ease we hope to meet together in person. A tablet computer and wifi dongle will be provided to take part in this study and training will be provided where necessary. We will pay for travel expenses.

What Next?

If you are interested in finding out more about the role of volunteer co-researcher, or if you have any questions that you would like to discuss, please contact either:



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